

MAYOR AND CABINET		
Report Title:	CAMHS Budget – Response To Referral From CYP Select Committee	
Key decision:	Yes	Item No:
Ward:	All	
Contributors:	Executive Director (Children & Young People)	
Class:	Part 1	Date: 11 th July 2018

1. SUMMARY

- 1.1 This report responds to the referral from Children and Young People’s Select Committee to Mayor and Cabinet in February, regarding the CAMHS budget 2017/18 – 2019/20.

2. PURPOSE

- 2.1 The purpose of this report is to respond to the CYP Select Committee and Mayor and Cabinet regarding the CAMHS budget.

3. RECOMMENDATIONS

- 3.1 The Mayor and Cabinet are asked to note the report and agree the actions at 5.3.

4. POLICY CONTEXT

National Policy Context

- 4.1. In March 2015, NHS England (NHSE) published ‘Future in Mind’¹ as part of a national drive to improve capacity and capability in the delivery of mental health services for children. This report provides a broad set of recommendations across five key themes:

- Promoting resilience, prevention and early intervention
- Improving access to effective support – a system without tiers
- Care for the most vulnerable
- Accountability and transparency
- Developing the workforce

- 4.2. Since 2015, the children’s mental health agenda has continued to be a national area of focus. The 2015-2017 government announced new funding for mental health, including specific investment in perinatal services and

¹https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/414024/Childrens_Mental_Health.pdf

eating disorder services for teenagers. Additionally, the 2015 government committed to implementing the recommendations made in the 'Five Year Forward View for Mental Health'² (February 2016), which includes specific objectives to improve access to evidence based treatment for children and young people by 2020/21.

- 4.3. In 2015/16 CCGs were each asked to submit a local CAMHS Transformation Plans, to indicate how local areas would work together when delivering against the national agenda. Since the initial submission, CCGs must submit CAMHS Transformation Refresh documents annually, which detail progress made against key objectives including but not limited to: crisis care; eating disorders; access to evidence based mental health provision; and early intervention to psychosis.
- 4.4. Furthermore CCGs are required to submit quarterly CAMHS access data to NHSE, to demonstrate progress against national and local targets.
- 4.5. Following a January 2017 speech by the Prime Minister on transforming mental health support, a Green Paper 'Transforming Children and Young People's Mental Health Provision'³ was recently published in December 2017, which proposed improving mental health support in schools & colleges and trialing a four week standard waiting time for access to mental health treatment. Full implications of this are not yet known.

Local Policy Context

- 4.6. Lewisham's Children and Young People's Mental Health & Emotional Wellbeing Strategy / Lewisham CAMHS Transformation Plan 2015-20⁴ sets out the vision and priorities for young people's mental health provision across the borough, aligned to the national policy context:
 - Create better, clearer and more responsive care pathways to enable improved access to appropriate services
 - Invest in evidence-based training and practice to ensure earlier identification and improved support
 - Embed resilient practice in community settings, where we will create a young person population that is better able to cope when faced with adversity
 - Increase awareness of mental health and emotional wellbeing and provide guidance regarding where to go for support
- 4.7. In addition, Lewisham's Children and Young People Plan (CYPP) 2015-18 establishes how partner agencies will continue to work together to improve those outcomes that will make significant improvements to the life-chances of our children and young people. It identifies four priority areas:

² <https://www.england.nhs.uk/wp-content/uploads/2016/02/Mental-Health-Taskforce-FYFV-final.pdf>

³ https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/664855/Transforming_children_and_young_people_s_mental_health_provision.pdf

⁴ <https://www.lewisham.gov.uk/mayorandcouncil/aboutthecouncil/strategies/Documents/Mental%20Health%20and%20Emotional%20Wellbeing%20Strategy%20for%20Children%20and%20Young%20People.pdf>

- **Build resilience** – we want our children and young people to be resilient, knowing when and where to go for help and support when faced with challenges and adversities as they arise. We also want our parents and workforce to be equipped to identify and respond to presenting needs amongst children and young people, intervening early and preventing escalation wherever possible
- **Be healthy and active** – we want our children, young people and their families to be healthy and active, confident and able to make healthy lifestyle choices and to have an understanding of how this can improve their development and wellbeing
- **Raise achievement and attainment** – we want our children and young people to achieve highly, supported by the best education, employment and training opportunities
- **Stay safe** – as a partnership we will support the right of every child to live in a safe and secure environment, free from abuse, neglect and harm

4.8 The South-East London Sustainability & Transformation Plan ('Our Healthier South-East London') was developed collaboratively by local authorities, CCGs and providers⁵. It identifies five priorities to make the sub-regional health and care system sustainable in the short, medium and long-term:

- Developing consistent and high-quality community-based care (CBC) and prevention
- Improving quality and reducing variation across both physical & mental health
- Reducing cost through provider collaboration
- Developing sustainable specialised services
- Changing how we work together to deliver the transformation required

4.9 Improved children's mental health is a key priority for the STP, which has an associated work programme in place.

5. DETAIL

5.1 At its meeting on 14th February 2018, the Mayor and Cabinet discussed the proposal from the Children and Young People's Select Committee requesting that the reductions in the council contribution to the CAMHS budget for 2018/19 and 2019/20 should be halted. This was agreed by the Mayor.

5.2 Mayor and Cabinet also noted that circumstances had altered since changes to the Council's CAMHS contribution had first been agreed, and there was growing concern about pressures on the service and the broader issue of children and young people's mental health. Accordingly, it was right to review the position in order to ensure the best possible service for our young

⁵ Local authorities/CCGs (Bexley, Bromley, Greenwich, Lambeth, Lewisham, Southwark); providers (Guys & St Thomas' NHS Foundation Trust, King's College Hospital Foundation Trust, Lewisham & Greenwich NHS Trust, South London & Maudsley NHS Foundation Trust, Oxleas NHS Foundation Trust, Bromley Healthcare CIC and primary care organisations)

people. Such a review would inform future budget decisions in the area, and would consider a broad range of factors including:

- The impact of the saving already made on levels of service and in particular waiting lists
- Overall changes in funding for CAMHS with particular regard to the delivery of the additional funding referred to in the report in 2017 by both LBL and the CCG
- Demand changes in child and young people's mental health
- Any changes to Government Policy since February 2017, in relation to CYP mental health services
- The potential for reducing back office costs within CAMHS to enable direct services to users to be protected
- Alternative savings within the CYP's budget, equivalent to those currently planned for CAMHS in 2018-19 and 2019-20

5.3 This review will be commissioned by the Lead Cabinet Member, Councillor Chris Barnham who has asked Councillor Octavia Holland to assist him in this. This report will consider the extent to which the emotional and mental health needs of Lewisham's children and young people are being met and outline options for improvement. It will inform the refresh of the CYP Mental Health and Wellbeing Strategy and will feed into the council's wider budget strategy.

6. FINANCIAL IMPLICATIONS

6.1 The LBL CAMHS service is forecast to out-turn within budget in 2017/18. Savings originally proposed for 2018-19 onwards have been halted by Mayor and Cabinet in February 2018. The largest funding stream for CAMHS is from the CCG as provision of the service is primarily a health responsibility.

7. LEGAL IMPLICATIONS

7.1 At the Mayor and Cabinet meeting held on 14th February 2018, the Executive considered the report from the Children and Young Person's Select Committee, in accordance with Executive Procedure Rules: Paragraph 15. This report contains information to allow further consideration of that issue, in accordance with the same paragraph.

7.2 Decisions about changes in service and any impacts on delivery to service users must be made in accordance with the Council's legal duties. Those duties include those under the Equality Act 2010 (the Act) which introduced a new public sector equality duty (the equality duty or the duty). This covers the following nine protected characteristics: age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion or belief, sex and sexual orientation.

7.3 In summary, the Council must, in the exercise of its functions, have due regard to the need to:

- eliminate unlawful discrimination, harassment and victimisation and other

- conduct prohibited by the Act.
- advance equality of opportunity between people who share a protected characteristic and those who do not.
- foster good relations between people who share a protected characteristic and those who do not.

7.4 The duty is a “have regard duty”, and the weight to be attached to it is a matter for the Mayor, bearing in mind the issues of relevance and proportionality. It is not an absolute requirement to eliminate unlawful discrimination, advance equality of opportunity or foster good relations.

7.5 The Equality and Human Rights Commission has issued Technical Guidance on the Public Sector Equality Duty and statutory guidance entitled “Equality Act 2010 Services, Public Functions & Associations Statutory Code of Practice”. The Council must have regard to the statutory code in so far as it relates to the duty and attention is drawn to Chapter 11 which deals particularly with the equality duty. The Technical Guidance also covers what public authorities should do to meet the duty. This includes steps that are legally required, as well as recommended actions. The guidance does not have statutory force but nonetheless regard should be had to it, as failure to do so without compelling reason would be of evidential value. The statutory code and the technical guidance can be found at:
<http://www.equalityhumanrights.com/legal-and-policy/equality-act/equality-act-codes-of-practice-and-technical-guidance/>

7.6 The Equality and Human Rights Commission (EHRC) has previously issued five guides for public authorities in England giving advice on the equality duty:

1. The essential guide to the public sector equality duty
2. Meeting the equality duty in policy and decision-making
3. Engagement and the equality duty
4. Equality objectives and the equality duty
5. Equality information and the equality duty

7.7 The ‘Essential guide’ provides an overview of the equality duty requirements including the general equality duty, the specific duties and who they apply to. It covers what public authorities should do to meet the duty including steps that are legally required, as well as recommended actions. The other four documents provide more detailed guidance on key areas and advice on good practice. Further information and resources are available at:
<http://www.equalityhumanrights.com/advice-and-guidance/public-sector-equality-duty/guidance-on-the-equality-duty/>

8. ENVIRONMENTAL IMPLICATIONS

8.1 There are no specific environmental implications arising from this report.

9. CRIME AND DISORDER IMPLICATIONS

9.1 There are no specific crime and disorder implications arising from this report. If there are any queries about this report, please contact Caroline Hirst (Service Manager – CYP Joint Commissioning Team) on extension 43368 or at caroline.hirst@lewisham.gov.uk